

BATH TREATMENTS

LAZY DAYS DETOX SEAWEED BATH

45 MINUTES €45

Submerge your body into a bath of organic, hand-harvested Atlantic seaweed (*Fucus Serratus*) to remove unwanted toxins and alleviate aches and pains. This bathing ritual is the simplest and purest of all organic treatments. With its organic status approved by the IOFGA, Lazy Days utilises the natural power of organic hand-harvested seaweed to deeply moisturise the skin, increase circulation and promote healing.

ORGANIC WARMED SPICED MUD BATH

45 MINUTES €40

Traditionally, peat baths were used for various skin and rheumatic conditions. It offers a potent detoxification, due to its trace elements, vitamins, lipids, polyphenols and humic acids from Irish peat. Infused with organic seaweed extracts, it assists in reducing the appearance of cellulite and the signs of aging. This dark, deep relaxing bath soothes muscular aches and pains, relieves stress and fatigue.

ORGANIC SEAWEED AROMA BATH SALTS THERAPY

45 MINUTES €40

A relaxing bath soak with a blend of VOYA organic essential oils, organic lemon, lime, clove, basil, mandarin and patchouli, combined with bath salts. This is a wonderful aromatic bath treat prior to further VOYA treatments.

INCLUDES VOYA INFUSION
HERBAL TEA

ALL TREATMENTS INCLUDE 10MINS CONSULTATION

*Indulge yourself in our unique selection
of healing, organic seaweed treatments.*

BODY SCRUBS

ORGANIC LAVENDER & SEAWEED SUGAR GLOW

60 MINUTES €70

A fragrant mix of lavender oil, seaweed and sugar, this treatment has a double action of gently removing dead skin cells with sugar and healing with the seaweed extracts and lavender essential oil.

ORGANIC HYDRATING BODY SCRUB

60 MINUTES €70

Our dual action lathering body buff exfoliates with finely ground walnut shells and nourishes your skin with a blend of almond oil, seaweed and ginger extracts. Our gentle yet effective formula removes rough and lifeless looking skin cells, to reveal much more refined softer, silky smooth skin.

BODY WRAPS

ORGANIC OCEAN ESSENCE TOTAL BODY WRAP

60 MINUTES €85

Combining the detoxifying power of *Fucus Serratus* and cellulite-reducing abilities of this treatment stimulates the blood and lymph flow, detoxifies and hydrates the skin and encourages the renewal of skin cells. It is an excellent skin rejuvenator, combating fatigue and producing a moisturizing effect.

ORGANIC WARM SPICED MUD WRAP

60 MINUTES €80

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the wrap. The extract is rich in potent anti-oxidants and minerals. This wrap has immediate and noticeable effects on the skin, firming and toning. The treatment is also a serious detoxifier, metabolism stimulator and a natural anti-aging boost. Infused with aromatic spices of ginger and orange to revive the senses.

BODY MASSAGE

MINDFUL DREAMS

60 MINUTES €80

Be ready to have all stresses and strains melt away in this ultimate sensory treat helps you achieve the perfect night's sleep. Incorporating products especially chosen for their soothing properties, alongside sleep inducing cultural massage and meditation techniques, this wellbeing-focused treatment induces instant tranquillity and fosters inner calmness and serenity.

SEAVIEW'S ULTIMATE ORGANIC RITUAL

60 MINUTES €90

This treatment gives you the Ultimate Voya experience of having both a back massage and a facial using the finest of Voya products with a blend of seaweed and botanical ingredients leaving your skin feeling totally purified, nourished and perfectly relaxed the Ultimate of Treatments

VOYAGER MASSAGE JOURNEY

90 MINUTES €110

A complete top-to-toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage combining both gentle and stimulating movements. This is ultimate luxury treatment to relieve aches and pains, tailored to individual needs.

HAND & FOOT RITUALS

ORGANIC FOOT & LEG RITUAL

60 MINUTES €70

To re-charge circulation of the lower limbs and refine your skin you will first enjoy a Sea Salt Scrub exfoliation from the knees down. This is followed by a deeply relaxing massage of the lower legs after which your legs, are wrapped in warmed Atlantic seaweed leaves to detoxify, increase circulation and revive tired feet and legs. To complete this treatment, nourishing 'Softly Does It' is applied. Includes Leg massage.

ORGANIC HAND/HEAD RITUAL

60 MINUTES €70

To nourish, recondition and refine your hands, you will first enjoy a 'Time to Shine' exfoliation from the hand to elbow. This is followed by a deeply relaxing massage of the hands and arms, after which your hands are wrapped in warmed Atlantic seaweed leaves to hydrate, increase circulation and condition dry hands. To complete this treatment, nourishing 'Handy to Have', hand cream is applied, scalp massage.

THE BATH HOUSE

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FACIAL TREATMENTS

SELF DISCOVERY RADIANCE FACIAL

60 MINUTES €80

This skin type-specific ocean inspired organic facial is deeply detoxifying, revitalizing and helps to smooth skin tone and increase clarity. A relaxing facial massage with seaweed products to release any build-up of toxins, to repair and nourish skin cells damaged by pollution and chemical exposure includes hand & arm massage. You will be left with a revived glowing complexion that is enriched and strengthened. VOYA tailors your facial to your skin's unique needs, providing a comprehensive skin analysis and choose specific facial products to target your particular skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified, nourished and perfectly balanced.

Choose from:

Purifying Facial (Oily/ Combination Skin)

Ultra Calming Facial (Sensitive Skin)

Intensive Hydra Veil Facial (Dry Skin)

SEAVIEW'S ULTIMATE ORGANIC RITUAL

60 MINUTES €90

This treatment gives you the Ultimate Voya experience of having both a back massage and a facial using the finest of Voya products with a blend of seaweed and botanical ingredients leaving your skin feeling totally purified, nourished and perfectly relaxed the Ultimate of Treatments. This ultimate treat will help you achieve a perfect nights sleep after relieving aches/pains followed by a mini-facial to revitalise and hydrate your skin leaving your skin with a natural glow.

ANTI-AGING RESTORATIVE FACIAL

60 MINUTES €90

This treatment is suitable for all skin types, especially those wanting anti-aging results. The anti-aging restorative facial is made using VOYA's finest organic ingredients combined with anti-oxidant algae complexes and a restorative blend of aromatherapy oils. This mix of seaweed and botanical ingredients stimulates collagen production and reduces the appearance of fine lines and wrinkles, firming the skin with a natural and more radiant glow. Includes a relaxing facial massage.

DELUXE FACIAL EXPERIENCE includes a Relaxing Back Massage

90 MINUTES €120

The ultimate VOYA facial experience, allows you to experience the best of what VOYA has to offer. The treatment starts with a relaxing back massage that gently melts away muscular pain, followed by a hydrating and purifying facial. The facial massage deeply hydrates the skin along with a dual action facial mask, utilizing the exclusive re-mineralizing, Mermaid's Purse face mask combined with Laminaria seaweed leaves. The appearance of deep set wrinkles is reduced and the skin's texture is left hydrated and plumped.

This is the ultimate of all facial experiences.



SEAWEED BATH HOUSE AT SEAVIEW HOUSE HOTEL

*in the heart of West Cork
on the Wild Atlantic Way*

EXPERIENCE THE ANCIENT
THERAPY OF THE SEA IN OUR
LUXURIOUS BATH HOUSE

Gift Vouchers Available

VOYA | organic luxury
from the sea

The Bath House uses VOYA organic
seaweed products exclusively for all treatments



SEAVIEW HOUSE HOTEL



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Designed & Printed by Design & Style, Bantry

Advanced booking required
for all treatments

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